



POSITION DESCRIPTION

Contract Program Leader: Pole Walking

Wellspring Alberta is a charitable organization that supports, informs, and empowers those diagnosed with cancer by helping them address the fear, isolation, disruption, and practical problems cancer can bring to their lives. An affiliate of the Wellspring Cancer Support Foundation, Wellspring Alberta provides a comprehensive range of programs, support, resources, so anyone living with cancer and the people who care about them can improve the quality of their lives. All programs and services are informed by evidence and offered free of charge and without referral in three centres and online. Our vision is that no one has to face cancer alone.

Wellspring Alberta's work is made possible through the generous donations of individuals, corporations, foundations and grassroots fundraisers, and with the efforts of committed volunteers, dedicated staff and skilled contracted program leaders.

Wellspring Alberta's Program Leader team is a team of highly skilled professionals with big hearts. Wellspring Alberta offers over 70 evidence-informed programs. Each program is unique and requires a different skill set.

The Opportunity:

Reporting to the Program Director and working closely with the program team, the contracted Program Leader is responsible for leadership of the Pole Walking program. Pole walking typically runs once a week in four-week sessions through the spring/summer and early fall. It is an urban walking program run on public pathways through out the city. This opportunity is based at Edmonton House.

The style of pole walking utilized in this program is 'Nordic walking,' which combines cardiovascular activity with vigorous motion that engages the shoulders, core, arms, and legs. In an online forum, or in live outdoor sessions, members are offered tips and guidance so they can master the proper technique of this healthy exercise, while enjoying the social aspects of spending time with their Wellspring community.

Responsibilities:

- Abide by the standards of leadership and policies outlined in Wellspring's Program Leader's Guide
- The professional group leader maintains primary responsibility for the leadership and management of the program process
- Assist new members to integrate into the group
- Doing regular risk assessment and ensuring everyone in the group is practicing the activity safely
- Provide direction and feedback to any program volunteers, where applicable
- Assisting with the recording of attendance or other administrative duties as requested
- Referring any issues or concerns that require follow up to Wellspring staff
- Engage in the Wellspring culture of philanthropy by taking opportunities within the program setting to recognize the importance of philanthropy for program delivery
- Ensuring the Wellspring equipment is cared for
- Make announcements to program participants, from time to time, based on wording provided by the program management team with respect to upcoming Wellspring initiatives or events

Required knowledge and skills:

- Be a graduate of a recognized post-secondary Institution
- Completed the Urban Poling Nordic Walking Instructor Course (If you are interested but haven't yet completed this course please connect)
- Have a minimum of 3 years of experience leading outdoor movement based groups
- Are aware of diverse needs and practice inclusive leadership
- Have up to date standard first aid, and provide to Wellspring a copy
- Having experience leading activity groups in a health care context is an asset

To apply:

We offer an empowering and inspiring team environment.

To apply, please submit a cover letter and resume to nikif@wellspringalberta.ca. This posting will close once we have found a successful candidate. We wish to thank all applicants for their interest, however, only those selected for interviews will be contacted.

Inclusion Statement

Wellspring Alberta is committed to being an inclusive organization. We are in a process of expanding the diversity of identities and lived experiences, to be more reflective of the communities in which we work and live. To support this process, we've become an employer partner of the Canadian Centre for Diversity and Inclusion, developed an Advisory group, and we are taking action as part of our commitment to Diversity and Inclusion. We understand we're on a journey, which will take time, and that increasing equity in our organization and in cancer care is critical.

We encourage applications from groups that are typically under-represented in cancer-serving organizations including BIPOC (Black, Indigenous, and People of Colour) individuals, LGBTQ2S+ identifying individuals, persons with disabilities, and candidates from all equity seeing groups.

We welcome you to contact us for a conversation about accessibility and accommodations throughout the recruitment process.

We know that women and people of colour are less likely to apply for roles unless they meet every single requirement. If you're excited about the role, but your qualifications don't match perfectly, we encourage you to apply.

We appreciate your interest in Wellspring and warmly welcome all applications.