

NOVEMBER PUBLIC PROGRAMS

Free & open to the public

NOV
3

FROM PATIENT TO RESEARCHER: WHAT CANCER TAUGHT ME AND LEARNINGS FROM THE CHEMO-GUT PROJECT

Speaker: Julie Deleemans
Nov 3 | 6:30-8pm MST | Online

Join Julie to learn more about her experience as a young person with cancer and how this motivated her to pursue a career in research, and ways to address gastrointestinal and psychosocial symptoms caused by cancer treatments.

NOV
7

LEGAL AND EMPLOYMENT MATTERS

Speaker: Kathleen Doyle-Linden & Christin Elawny
Nov 7 | 7-8:30pm MST | Online

Legal and HR specialists outline the impact an absence from work can have on employment relationships and clarify your legal rights.

NOV
10

AN UPDATE ON THE MANAGING CANCER AND LIVING MEANINGFULLY (CALM) IMPLEMENTATION STUDY

Speaker: Dr. Janet de Groot & Carly Sears
Nov 10 | 6-7:30pm MST | Online

Led by Dr. Janet de Groot and Dr. Kathleen Sitter, with grant funding from the Alberta Cancer Foundation, the Managing Cancer and Living Meaningfully (CALM) Implementation Study involves implementation of the evidence-based CALM counseling model.

NOV
15

INSPIRING PEOPLE - CHRIS KOCH

Speaker: Chris Koch
Nov 15 | 6:30-8pm MST | Online

Chris Koch is a native Albertan, a motivational speaker, farmer, athlete, member of the Alberta Sports Hall of Fame, and world traveller (on a skateboard) – all in spite of being born missing both arms and both legs. He has not let limitations or obstacles in his life stand in the way of achieving his goals and dreams. Chris will share his story and his "If I Can ..." philosophy in the hopes of encouraging others to live their lives to their greatest potential.

NOV
21

SONGWRITER SESSION: CAROLYN HARLEY AND FRIENDS

Host: Jarred Albright
Nov 21 | 6:30-8pm MST | Online

Join the discussion as Jarred interviews one musician each month, taking you on a guided tour that will explore the ups and downs of inspiration, the artistic processes and pressures, and anything and everything else that makes songs, and the people who write them, so wonderful. Listen, learn, and play along!

NOV
23

TRANSITIONING THROUGH THE DIFFERENT STAGES OF THE CANCER JOURNEY:

HOW TO MANAGE CONVERSATIONS WITH FRIENDS AND FAMILY

Speaker: Dr. Jackson Wu & Bert Enns
Nov 23 | 6:30-8pm MST | Online

This group for patients, caregivers and family members who have gone through cancer treatment at the cancer centre, will facilitate reflection and anticipate change throughout the cancer journey.

OTHER PROGRAMS:

TIME WITH CINDY

Host: Cindy Lang
Nov 1 | 10-11:30am MST | Online
Nov 17 | 10:30-noon | Randy O'Dell House

CAMPFIRE CLASSICS

Nov 4, 11, 18 & 25 | 12:30-2pm | Carma House or Randy O'Dell House

DIGITAL STORYTELLING: FILM FESTIVAL

Speaker: Mike Lang
Nov 24 | 6-7:30pm MST | Online