

Palliative Care—Supporting Quality of Life Brochure Leaflet package
For order information please email palliative.education@ahs.ca

Hospice Calgary website www.hospicecalgary.ca

- helping families and individuals achieve support, hope and well-being through compassionate end-of-life and bereavement care

Information for Health Care Decision Making www.conversationsmatter.ca

Provincial Palliative Care <https://myhealth.alberta.ca/palliative-care>

- palliative information with an Alberta focus for people who need care, families, clinicians and care providers

Digital Stories – Palliative End of Life Care & Grief Resources

- pathway: YouTube *search* “Alberta Health Services”, *click* “AHSChannel”, *click* “Playlists” choose “Palliative End of Life Care” and/or “Grief Resources” videos

Canadian Hospice Palliative Care Association www.chpca.net

- advancing and advocating for quality end-of-life/hospice palliative care in Canada

Alberta Hospice and Palliative Care Association www.ahpca.ca

- engages in actions and strategies that result in comprehensive, equitable and quality end of life care for Albertans

Virtual Hospice www.virtualhospice.ca

- useful information about many aspects of living with advancing illness

Wellspring Calgary www.wellspringcalgary.ca

- peer-to-peer support groups for people and families living with cancer in Calgary

A Caregiver’s Guide to Palliative and End of Life Care <https://myhealth.alberta.ca/palliative-care/resources/symptom-management>

- online course for family members/loved ones providing care in the home
 - To register for online learning: <http://stlazarus.ca/HOSP>

Caregivers’ Alberta: <http://www.caregiversalberta.ca>

- Support for caregivers who might be feeling overwhelmed; you are not alone

Palliative Care Alberta Blue Cross Coverage <https://www.alberta.ca/palliative-care-health-benefits>



Palliative Care Resources

For patient, families and Health Care providers

Government of Alberta www.alberta.ca

Use search box to access information about:

- Personal Directives
 - Choosing Now for the Future
- Guardianship
 - Adult Guardianship and Trusteeship Act
- Decision- making Option
 - Adult Guardianship and Trusteeship Act
- Supported Decision-making
 - Adult Guardianship and Trusteeship Act

Government of Canada

- **Compassionate Care Benefit Program**
www.servicecanada.gc.ca
 - Search: “caregiver benefits”